

Healing Towards Wellness (Substance Use Program)

Services will continue to be available over the phone or videoconferencing, with the exception of Rule 25's

Transportation is not available for any reasons

We have implemented a "No Visitor" Policy at all of our buildings

<u>Staff working from offices</u>	<u>Office</u>	<u>Cell</u>
Adam	218-757-0233	218-404-8331
Char	218-753-3131	218-966-6953 (personal)
Charmaine	218-753-3131	218-248-0734
Cheyenne	218-373-0301	218-324-6790 (personal)
Theresa	218-753-3131	218-404-8568

Staff working from Home

Heidi	218-780-5375 (personal)
Katy	218-780-6268 (personal)
Pam	218-316-2631
Laura	612-810-3011
Mary	218-295-2508

Staff Using Leave

Terry

AA/NA Virtual Online meetings

<https://aa-intergroup.org/>

<https://www.na.org/>

<https://adultchildren.org/>

Native American Wellbriety 12 Steps Meeting (Tuesday 1:00 pm CT, Thursday 8:00 pm CT)

<https://IntheRooms.com/>

Sober Squad Facebook page- They will be having live speakers every night

Live Speaker Meeting Facebook Page – Live Speakers

Helping Others with Addiction Facebook Page – Live Speakers

NA 8PM Nightly Meeting Zoom Meeting

<https://zoom.us/j/6015322896>

How to join meetings

By Phone – Participants need to tap one of the phone lists on the webpage

Zoom – Download Zoom app from app store, when the app is installed enter ID number:

601-532-2869

Talk Sober – YouTube

Tower Food Shelf

Food Shelf is open the 3rd Tuesday of the month. Please call 218-753-3503. Beginning in April individuals will have to call ahead and prepackaged distribution based on Family size will be provided and brought out to individuals.

Cook Food Shelf

Food Shelf is open the 3rd Wednesday of the month. Please call 218-666-5022. They will register individuals in their vehicle and bring the food out to them. They do not serve Tower residents.

Ruby's Pantry (we are waiting to hear back on how they will operate next month)

Thursday, April 9, 2020. Please call 218-780-9729

Rule 25 intakes	-	Adam, Pam - by phone
Rule 25 Assessments	-	not doing at this time
Outpatient Group/Individuals	-	Heidi - by phone https://doxy.me/
Step Down Individuals	-	Katy - by phone or https://doxy.me/
Treatment Coordination	-	Adam – by phone or https://doxy.me/
Int'l. Falls Prevention	-	will not be providing Prevention Services due to School closures, no community events being held
Bois Forte Prevention	-	will not be providing Prevention Services due to School closures, no community events being held
SSI/SOAR	-	Pam - by phone or https://doxy.me/
Mental Health Therapy (SUD)	-	Mary - by phone or https://doxy.me/
Mental Health Therapy (New Moon)	-	Laura – by phone or https://doxy.me/
Clinical Supervision	-	Gary - by phone
Emergency Shelter Program (ESP)	-	Theresa - by phone or https://doxy.me/
Family Homeless Prevention And Assistance Program (FHPAP)	-	Char - by phone or https://doxy.me/
Homeless Youth Program (HYA)	-	Charmaine - by phone or https://doxy.me/
Long Term Homelessness (LTHSSF)	-	Char, Charmaine, Theresa - by phone or https://doxy.me/