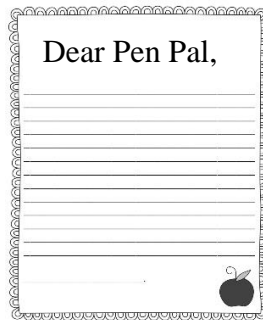


Bois Forte Behavioral Health Presents: PenPaling with an Elder

We are looking for elders and individuals (adult or children) to sign up to become pen pals.



Our Elders may be more prone to experience loneliness and depression during the COVID 19 shelter at home mandates.

Connection is key to help lower the negative impacts of social isolation.

Help us by signing up to send and exchange letters, cards, homemade art work, or a phone call. We will connect you with an elder to keep in touch with.

This is a great opportunity for elders to share their knowledge with the younger generation!

To Sign up

1. Please call Erin Danielson at 218-757-3295
2. We will need your name, phone number and address.
3. Open to anyone!