

Fitness Center Open: MONDAY – FRIDAY * 8:00am to 4:30pm *

No access cards available at this time

First come, first serve. No appointments. 4 people max capacity

Please do not plan on using facility, if you are sick or may think you might be sick or had contact with anyone who has tested positive with COVID-19 or if you tested positive. Please respect others to stay healthy.

Please help our fitness facility stay open by following all and new rules.

- Everyone must bring their own mask and wear. Only time you can take it off is when you are actively using a machine.
- Everyone will need to use hand sanitizer entering & leaving.
- Everyone will need staff to take their temperature on arrival before using the facility. Anything at 100.4 or above will be turned away.
- Everyone will need to bring their own towels to control and wipe their own sweat from dripping... examples- dripping on floor & machines.
- Everyone will need to social distance & keep 6 feet apart. No hopping on machines back and forth. Please stay at your machine from start to finish. Some machine will be marked off limits or turned off, due to social distancing. Do not use machine right next/close to someone. Please be aware & have common curtesy.
- Everyone will need to wipe down their machine **always before & after.**

If everyone can help follow these NEW RULES this will help keep the fitness centers OPEN.

Sauna & Showers will be closed until further notice. Due to COVID-19 virus.

Sorry for any inconvenience...