



Circle of Support

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Circle of Support is a community support group for adults with chronic illnesses. The group is a safe place to share and release your struggles with others, including finding strength and inspiration to continue to walk the life of chronic illnesses.

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Where: Bear Room RTC Building
When: **Every Thursday**
Time: **10:00 AM**
Cost: Free
Provided: Tea and Coffee
By: Garrett Landgren

Chronic illnesses can include:

- diabetes
- heart disease
- kidney disease
- COPD
- cancer
- mental illness
- many others

Questions? Call Garrett Landgren at 218-757-3650 ext. 262