Language Camp bigger and better than ever

The summer of 2013 marked the first time Bois Forte held its youth language immersion camp on the Band’s newly acquired property on Lake Johnson, near Ely. It was also the first summer that Big Woods Transit ran daily shuttle buses to the camp, picking up passengers in Nett Lake, Orr, Cook, Vermilion and Tower. Put the two together — more space to learn, and more kids able to travel to camp — and the result was a tremendous success with 42 youth participating.

This year’s camp was longer than previous ones, running for five days in July. Day campers began boarding the shuttle buses at 8:30 a.m. and were home by 6:30 p.m.; older youth stayed overnight in three cabins on the property. The camp property was cleaned and prepared starting 3 weeks before camp with the help of the Bois Forte Summer Youth workers and volunteers.

Each day began with a ceremony, which was the favorite part of camp for Kiera Moore, who rode the shuttle bus from Nett Lake. After that, the days were filled with language practice and cultural activities, including:

- Moccasin making with Language and Culture Coordinator Donald Chosa Jr.
- Traditional meal preparation and frybread contest with Rose Chosa
- Daily vocabulary language lessons with Harvey Thompson and Karen Drift
- Lodge and flute making with Joe Chosa
- Crafts with Joe Hoagland and Shirley McNey
- Moccasin games for boys with Charles Grolla
- Drum group with Joe Boshey and Terry Goodsky
- Hand game for boys and girls with Terry Goodsky

( cont. on page 10)
State & National News

Former Mille Lacs Band Chief Marge Anderson passes

Former Chief Executive Marjorie (Marge) Anderson of the Mille Lacs Band of Ojibwe passed away from natural causes on Saturday, June 29, 2013. Marge Anderson was nationally known as a leader in Indian gaming, tribal self-governance and tribal treaty rights.

Born in 1932, Anderson served as Chief Executive of the Mille Lacs Band from 1991-2000 and from 2008-2012. Her decades long tenure in tribal government began in 1976 as the District I Representative for the Band, and continued as the Band’s Secretary-Treasurer from 1987-1991. She was appointed Chief Executive in 1991 following the death of Arthur Gahbow and won elections as Chief Executive in her own right in 1992, 1996 and 2008.

Supreme Court leaves ICWA intact

In late June, the United States Supreme Court issued a 5-4 ruling that left intact the provisions of the Indian Child Welfare Act (ICWA). The case, Adoptive Couple v. Baby Girl, had been closely watched by tribes across the country.

However, the court did rule that the parental rights of the native father in this specific case, Cherokee Native member Dusten Brown, could be terminated if he has failed to show a history of continued custody of his daughter. The case will now likely return to the South Carolina courts to ultimately decide if Brown or an adoptive couple will receive custody of the little girl.

“I’m not personally happy with the decision, but I think it is very narrow, and very case- and individual-specific,” Bois Forte Band Chairman Kevin Leecy told National Public Radio. “It did not alter the protection given to tribes and their members.”

ICWA was enacted in 1978 to keep Indian children in Indian families and communities. The law was passed in response to high number of Indian children who were being removed from their homes and placed for adoption.

White House creates Council on Native American Affairs

In late June, President Barack Obama issued an executive order establishing the White House Council on Native American Affairs. The new council – which will include representatives from more than 30 federal departments, agencies and offices – will recommend policies to “promote and sustain prosperous and resilient Native American tribal governments.”

Specifically, the council intends to help tribes promote sustainable economic development; improve nutrition and health care; advance tribal justice systems; expand educational opportunities; protect tribal lands and natural resources; and promote respect for tribal cultures.

The order emphasizes the importance of partnership between tribes and the federal government, calling for “greater engagement and meaningful consultation” with tribes to ensure “a true and lasting government-to-government relationship.”

Do you care passionately about the future of the Bois Fort Band of Chippewa?
Do you want to strengthen your leadership skills and join the nation-building movement?
Would you like to connect with amazing Native leaders from other tribal nations?

If so, be the first citizen of the Bois Fort Band of Chippewa to become a Native Nation Rebuilder

Applications are open for this unique program from July 1 - August 15, 2013.

See what Rebuilders from 18 Native nations are saying about the program and learn how to apply at BushFoundation.org/RebuilderInfo

The Native Nations Rebuilder Program is an initiative of the Bush Foundation.

VOLUNTEER REQUESTED

Bois Forte Band members and other Native Americans incarcerated at the Oak Park Heights facility in Stillwater, MN are requesting a volunteer to help with spiritual ceremonies at the Oak Park Heights Prison.

If you or someone you know is interested in helping facilitate these ceremonies, please contact the Bois Forte News (see page 16 for contact information).
Help us locate Band members

ADAMS, LESLIE ALLEN
ANDERSON, JOHN THOMAS
BARTO, JESSICA ANN
BONESS, VIRGINIA
BOSHEY, JOHN RAYMOND
BOSHEY, RAINI MARIE
BOSHEY JR., STEVEN WILLIAM
BROWN III, STANLEY ALAN
BULLEN, MICHAEL J
CHOSA, DIANE ROBERTA
CHOSA, FRANKLIN ANTHONY
CHOSA, JEFFREY ROBERT
CHOSA, JOANNE
CHOSA III, VINCENT JOSEPH
COLUMBUS, GAAKOONS KATHRIN
CONAWAY, STEPHANIE RENEE
CONE, KODA LEE
DALE, EUGENE ALLEN
DRIFT, CHRISTOPHER DONALD
DRIFT, ROYCE ANTHONY
FISHER, KAYLA ROCHELLE
FISHER, MICHELLE DAWN
FOREMAN, LORI
GAWBOY, BARTON JAY
GLASS, CARLOS ALONZO
GOGGLEYE, MONA ROSE
GOGGLEYE JR., HAROLD EDWARD
GOGGLEYE III, HAROLD EDWARD
GOODSKY, BARBARA
HAAG, YVETTE MARIE
HACKEY JR., JOHN PHILLIP
HAZELRIGG, LORI DAWN
HEAD (MENDOZA), JENNIFER LEE
HELGERSON, MICHAEL DENNIS
HERNANDEZ, TRACY ANN
HILL, DUWAYNE ALAN
HILL, RACHEL
HOLMIN, LANDOM MICHAEL
ISHAM, EUGENE FREDRICK
JANISCH, JORDAN REED
JOHNSON JR., JAMES DORAN
JOHNSON, LACY MARIE
JONES, TESSA LYNN
JULIANO, SARAH ANN
KELSEY, PATRICK WARREN
KIRCHNER, CHANNON GABRIEL
LAITINEN, WILLIAM ALLEN
LAITINEN, SHERRIE LYNN
LIVETTE, DANIELEDWARD
LIGHTFEATHER, JERRY J.
LINDGREN, TONI RENEE
LOAIZA, ADRIAN PAUL
LONG, JEAN LOUISE
MANVILLE, PAULINE
MARRQUIN, ALLISON DNY
MAURUS, ERIC JOHN
MAURUS, VINCETTE DOREEN
MC CLIMEK, THERESA ROSE
MCGINLEY, MATTHEW ERIC
MCKENZIE, EDITH ANGELINE
MILROY, CATHERINE DOROTHY
MONDARON, WANDA LEE
MORGAN JR., THOMAS DEAN
MORRISON, CAROL JEAN
MUNNELL, TARA SUE
MURESAN, DEBRA JEAN
NEVITT, DIANE VAUGHN
RANUM, NICOLE LUREE
ROBERTSON, BRETT THOMAS
RODRIGUEZ, JULIUS VICENTE
SAM, CLIFFORD
SAM, TERESA LYNN
SAM, JERRY WAYNE
SKINNER, RONALD LEE
STRONG, APRIL MARIE
STRONG, COURTNEY ROSE
STRONG, ROBERTA ANN
SWAN, VICTOR JOSEPH
TAYLOR, BENNY WAYNE
THOMPSON, DOROTHY GESICK
TOLRUD, THOMAS JOHN
UNGER, SANDEE LYNNE
VIVIER, ALEX
WEBSTER, MICHAEL JAY
WHITEMAN, JANELLA ANN

This list is of unknown whereabouts as of July 15, 2013. If you know any of the individuals listed above, please have them call the Enrollment Office at 218-757-3261, extension 162. If you know that someone on this list is deceased please send documentation of death (memorial card, obituary, death certificate, etc.) to the Bois Forte Enrollment Office, 5344 Lakeshore Drive, Nett Lake, MN 55772.

Per Cap checks to go out in August

Correct home addresses needed

August is the month the Band receives their share of the 1854 Treaty payment. Bois Forte is still waiting to receive payment from the State of Minnesota. But the check is expected to arrive from the State in early August and the RTC has authorized the staff to mail the per capita checks to Band members on August 9.

Per capita payments are not subject to taxation and may not be counted as income for any federally assisted program.

Band members are encouraged to make sure the RTC has their correct home address by August 2 to ensure timely receipt of your check. No fax, emails or phone calls will be accepted to update addresses.

Please mail address changes no later than August 2, 2013 to Bois Forte RTC, 5344 Lakeshore Drive, Nett Lake, MN 55772.

Please include your Full Name, Date of Birth, New Address, signature and date on your request. No special form is required. If you are changing your name, please include a copy of your marriage certificate, court papers, or divorce papers showing this change.

Tribal Leaders join Governor Dayton at the bill signing adding $2.5 million additional dollars to the American Indian Scholarship fund for the current biennium.

See pages 9 & 11 for more information on education scholarships for Natives.
When the wild rice ripens the Indian drops his some rice lake as their destination. winding their way over lakes and streams with picturesque sight than to see a band of Indians bagging various kinds of wild game. taken along as the Indians depend on their luck of just about complete the food supply. Meat is not taken along as there would not be anybody left at home to take care of them. The harvest is on!

The time has come for the Chippewa Indian of northern Minnesota to harvest his winter supply of “Mah-no-min.” In the vernacular of the Chippewa, “Mah-no-min” is an important word; because it serves as one of the chief forms of winter food.

Mah-no-min is the name anciently bestowed upon the wheat-like plant found growing in shallow, muddy lakes and commonly known to the white man as wild rice. Wild rice has always been an important link in the staff of life of the Chippewa Indian—especially during the winter months when other food is hard to get. Wild rice is also one of the chief foods of ducks in this man’s paradise; and if there is a good rice supply, it naturally means more ducks for the Indians providing other natural conditions permit a good duck supply.

About the latter part of August and early September, scores of Chippewa migrate to the rice fields to work in the harvest. The whole family must go along, as there is a job for every member when the rice begins. Even the dogs and cats are taken along as there would not be anybody left at home to take care of them.

Simple food is taken along by the Indians. Salt pork, flour, tea, sugar and lard comprise the main food articles. Essentials to a meal, salt and pepper, are not left out. Raisins and other dried food just about complete the food supply. Meat is not taken along as the Indians depend on their luck of bagging various kinds of wild game.

Nature could not with ease fashion a more picturesque sight than to see a band of Indians winding their way over lakes and streams with some rice lake as their destination.

When the wild rice ripens the Indian drops his other cares of life in order to relish the harvest. He must relinquish his every day duties of living as this annual and historical season beckons. Regardless of how adeptly the Indian of today has acquired the white man’s civilization, the arrival of the ricing seasons magically draws him back to the primitive character he knew of yore.

An early September day was playing host to the Indians for the initial harvest. And witnessing this wonderful fall spectacle was my good Professor Robert R. Reed, of Winona, Minn. and myself. Permit me to add that the Professor is responsible for the beautiful pictures of the rice harvest that you see here.

It would not be fair to go on without giving you some idea of the beauty of this wonderful early fall day. The sun, though not as sweltering as in mid-summer, was casting its radiant beams across the quivering rice crops, and was reviving the sun burnt features acquired during the summer on our countenances. A slight breeze, though was off-setting some of the heat the sun had in the offering. From yonder horizon a scattered flock of ducks entered the picture. The leaves of the maple, birch and poplar were fast responding to nature’s seasonal laws. Their contrasting colors added a touch of artistic beauty to the atmosphere.

Watching these natives harvesting their pioneer food was a treat seldom beheld by the average citizen. The person in the stern would use one of the thrashing sticks to bend a bunch of rice stalks into the canoe and knock the kernels of the rice off with the other stick which caused them to fall into the canoe. The Indians are particularly careful of how they work this phase of the harvest. Unselfish in his traits, and thoughtful of the future, the Indian has learned from experience to leave a good percentage of rice kernels on the stalks for seed, and, as I stated before, as food for the ducks. The Indian has a reputation of being a keen conservationist.

After a forenoon of thrashing, the ricing crafts were drawn to shore. All the thrashing is done in the morning as the rest of the day is spent to make the rice a finished product. A canoe full of rice thrashed in the morning must go through the complete process of harvesting before the day is over—that is, the roasting, dancing on roasted kernels, chaffing or shelling and sorting must follow. If the raw rice kernel is left to stand over night it turns black. Thus the finished rice product also turns out black if the raw rice is left to stand overnight. It is not customary with the Indians to let the rice turn black, though an occasional over-stock of the raw rice will force them to let it stand over night, and finish the processing the next day.

~ To be continued in September issue ~

BOIS FORTE NEWS • August 2013
Lake Vermilion Traditional Powwow

Through the lens of photographer Jeff Henningsgaard
Urban Office

Urban Office Picnic 2013

Urban Office August Activities

Monthly Meeting
Wednesday, August 14, 5:00 p.m.
Dinner and meeting to follow with
Housing Commissioner
Carol Burr and Administration
Commissioner Edith Villebrun

Quarterly Family Day
Saturday, August 10, 3:00-6:30 p.m.
Cultural Activities and Dinner at 5:00
Elders meet with DNR, Historical Society on new State Park

When Rose Berens and Bill Latady began meeting with officials from the Minnesota Department of Natural Resources and the Minnesota Historical Society about the new Lake Vermilion State Park, they said, “If you really want to collaborate, don’t just come once every few years and tell us what you know. Come and listen, talk and meet with our Elders.”

State officials took the advice.

Berens, Bois Forte’s Heritage Center Director/Tribal Historic Preservation Officer, and Latady, the Heritage Center’s Curator, met with State Park Archaeologist Dave Radford last spring and fall to discuss preservation of archaeologically significant sites in the park.

Radford also met with Band Elders last year, but a planned pontoon boat tour of the park was rained out. The weather this summer has been more cooperative, and on June 12, a group of Elders and state employees visited several spots along the park’s shoreline and hiked in to view areas that will be protected as the park is developed for its 2015 grand opening. Open to all Elders, those on the tour were Rose Berens, Justin Boness, Luanne Boness, Peggy Connor, Bev Miller, Bernie and Lorraine O’Leary, Mary Strong, and Curator Bill Latady.

First the group visited two spots in Armstrong Bay; one area had been used as a food cache. Plant remains indicated the pit had once been lined with grass and contained corn. After lunch at the park’s new picnic grounds, the group visited a 4 x 6 foot plot that had been excavated by the state crew. The dig uncovered an old campsite with a hearth containing beaver and bear bone fragments that were carbon dated to 600 years ago. Excavations also uncovered a large amount of obsidian pieces. The Elders next headed to Cable Bay and viewed huge outcroppings of “chert,” or flint. Native people chipped pieces of the chert to make tools – Vermilion was a busy travel route where natives often exchanged tools and materials collected from long distances away.

After seeing some small bays that were likely once wild rice beds, the group made its final stop at Stuntz Bay, where the archaeologists have identified a campsite that was probably used in the 1880s-1890s near a busy water channel. Items unearthed at the site included tobacco cans; bottles used to hold vanilla, ginger and lemon abstract; and a Daisy toy cap gun dated 1890.

Throughout the day, Elders shared stories of growing up near the lake, along with stories they heard from their parents and grandparents that may shed light on how the sites were used by their ancestors.

**Happy August Birthdays, Elders!**

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<thead>
<tr>
<th>Name</th>
<th>Date</th>
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<td>Mildred Holmes</td>
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<td>Gary Donald</td>
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<td>William Tibbetts</td>
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<td>Jackie Chavez</td>
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<td>(SD/Sioux)</td>
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<td>Bruce Martin Ellis</td>
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<td>Myrna Goodsky Kelsey</td>
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<td>Beverly May Frizzle</td>
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<td>Beverly Steel</td>
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<td>Kenneth Barney</td>
<td>8-13</td>
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<tr>
<td>(Fond du Lac)</td>
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<td>Trudy King</td>
<td>8-13</td>
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<td>Eugene Hanks</td>
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<tr>
<td>(Leech Lake)</td>
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<td>Floyd Morrison</td>
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<td>Yvonne Sutton</td>
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<td>James Gawboy</td>
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<td>Helen Drift</td>
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<td>Janice Hartland</td>
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<td>Tina Stanley</td>
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<td>Lela Goodsky</td>
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<td>Beanie Barto</td>
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<td>Vickey Hackey</td>
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<td>Pam Sherman</td>
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**Bois Forte WOMENS SUPPORT GROUP**

This is a Support Group for women who has/had a partner, family member, or loved one whose life has been affected by Domestic Violence.

Meetings are at the following two locations:

**Where:** Nett Lake Health & Family Services (Downstairs of the old clinic)

- Panda Whiteman – Organizer
- Where: The 2nd & 4th Wednesday of every month
- 5:00pm – 6:00pm

**Where:** Vermilion Head Start Building

- Darla Flett – Organizer
- Where: 1st and 3rd Wednesday of every month
- 4:30pm – 5:30pm

All workbooks and supplies will be provided. Please feel free to contact Bois Forte Victim Services 218-757-3295 or 800-223-1041.
Elders

Elder abuse: Historic Trauma

Editor note: This is the second installment in a six-part series on Elder Abuse Awareness. In this issue, Allie Shaughnessy summarizes a presentation on Historical Trauma that Tina Olson of Mending the Sacred Hoop presented at the Elder Abuse Awareness Conference held in Hinckley last April.

“Historical trauma” as a concept came out of PTSD research in Vietnam War veterans. As soldiers returned home their paranoia, extreme behavior, and emotional turmoil destabilized their post-combat lives. Anger and abuse broke up families. Distraction, chemical abuse and erratic behavior left vets unemployed and eventually homeless. In 1980 a study concluded that traumatic experiences trigger powerful psychological responses, dramatically affecting emotional and mental function long after the event itself. Torture, loss of friends and constant possibility of attack essentially re-wired their brains, undermining their ability to live fulfilling lives.

Yet Vietnam veterans’ circumstances did not quite match those of historically persecuted groups. Instead their symptoms move down through the generations and are present even in young people who had not individually experienced such terrifying events. These population-wide patterns were observed not only in Native communities living in the wake of destructive colonial policies, but also in Jews who survived the Holocaust and Australian Aborigines who faced similar attacks on land rights and culture.

So how does historic trauma from events that happened centuries ago turn into Elder abuse amongst their descendants?

Responses to trauma, though coping mechanisms, leave many associated issues unresolved. Some turn to alcohol, others emotionally harden and withdraw from reality. These often self-destructive behaviors set the tone for the community eventually inherited by descendants, beginning a domino effect in which parents pass down their sadness and anxieties, creating more sadness and anxieties. This chain keeps the trauma of the past an active force in descendants’ psyche, shaping the complex emotions that contribute to Elder abuse.

Mending the Sacred Hoop

Mending the Sacred Hoop (MSH) is an advocacy group in Duluth, Minnesota devoted to preventing violence against Native American women. In 2006 it separated from another Duluth-based program to form a group specifically directed at the needs of Native American victims and communities. They realized that “mainstream” reasons for and approaches to violence against women were not relevant to their issues.

The “Hoop” represents the organization’s culturally minded mission and healing methods. To Natives, circles represent harmony and wholeness—both of which the MSH works to restore to victims and affected communities. To do so they organize intervention and leadership training, provide manuals and fact sheets on their website, and work with communities to coordinate stronger responses to violence.

At a conference on Elder abuse awareness Tina Olson, co-director and founding member of MSH, delivered a presentation on the role of historic trauma in domestic abuse. Though her work specifically aims at violence against women, 20 years of advocacy led her to conclude that violence in Native communities— and not just against women— originates from an anxiety passed down from marginalized ancestors. By restoring traditional healing methods, MSH hopes to undo that tension for the benefit of the wider community.

Elders, Youth visit Wolf Island

For the fifth year in a row, the Heritage Center organized a pontoon trip for Elders out to Wolf Island. The Trust for Public Lands owns the northern portion of Wolf Island. In 2010 they conveyed half of the island to the Forest Service. In September, they will convey the remainder to the Forest Service.

The Trust for Public Land has been consulting with the Band because it is believed that Bois Forte Band members used the southern part of the island as a location for making birch bark canoes. One of the occasional highlights of the annual trip is a few open seats on the boat for youth the Elders invite.

This year two dozen Elders and young people enjoyed the day together, including: Roxie Weatheron and her grandson Shane; sisters Gloria and Helen Drift, Rose Lien and daughter Kaylie Holmes; Jacque Wilson; Justin and LuAnn Boness with grandsons Lamar and Jamie; Ray and Holly Smith-Geshick; Bernie and Lorraine O’Leary and grandson Thomas; Geraldine Hanks and granddaughter Nikole Boshey; Mary Strong; Bev Miller; and staff.

To view more photos from the trip, please turn to page 9.
Culture

Indian Education funding and policy

- Requires the Commissioner of Education to annually hold a field hearing on American Indian education to gather input from American Indian educators, parents and students of the state of American Indian education in Minnesota. Results of the hearing must be made available to all 11 Tribal Nations for review and comment.
- Requires the Commissioner of Education to seek consultation with the Tribal Nations Education Committee on all issues relating to American Indian education.
- Appoints an Indian Education Director.
- Appropriates $2,137,000 in fy 2014, and $2,137,000 in fy 2015 for American Indian success for future grants.
- Appropriates $190,000 in fy 2014 and $190,000 in fy 2015 for tribal contract school aid.
- Appropriates $2,230,000 in fy 2014 and $2,2252,000 in fy 2015 for tribal contract school aid.
- Appropriates $68,000 in fy 2014 and $68,000 in fy 2015 for early childhood family education programs at tribal contract schools.
- Appropriates an additional $472,000 in fy 2013 for American Indian success for future grants.
- Appropriates an additional $384,000 in fy 2013 for tribal contract school aid.
- Appropriates $3.1 million in fys 2014 and 2015 for American Indian Scholarships.
- Appropriates $150,000 in fys 2014 and 2015 for Tribal College Supplemental grants.
- Appropriates $68,000,000 in fy 2014 and $68,000,000 in fy 2015 for American Indian Scholarships.
- Appoints a Tribal Scholarship Director in the Bemidji area.

Housing Initiatives

- Appropriates $19,203 million in 2014 and $9,203 million in 2015 for the Challenge Program through which the Housing Finance Agency must strengthen efforts to address housing disparity rate between indigenous American Indians and communities of color. $1,208,000 of the total is exclusively for housing projects for American Indians.
- Appropriates $8,300,000 in 2014 and 2015 for the Home Ownership Assistance Fund to strengthen efforts to address the disparity gap in the homeownership rate between white households and indigenous American Indians and communities of color.

Language Programs

- $475,000 in 2014 and 2015 for grants for programs that preserve Dakota and Ojibwe Indian language.
- $250,000 in 2014 and 2015 to the Niigaane Ojibwe Immersion School and Wicoie Nandagikendan urban immersion project.
- $225,000 in 2014 and 2015 for competitive grants for language immersion programs.

Property Tax Exemption

New law grants property tax exemption to the Minnesota Chippewa Tribe building in Minneapolis comparable to the tax exemption other government buildings receives.

Veterans

The Governor signed into law legislation authorizing the placement of a plaque on the Capitol Mall in honor of American Indian Veterans.
Language Camp 2013

Hand game for boys and girls with Terry Goodsky

“I like spending time with my grampa [Harvey Thompson] and learning the language – he’s so good at it,” said Byron White, who came from Red Lake for the camp.

Campers also made dream catchers, held a fry bread competition, took canoe lessons, built a waka’igan housing structure, fished, gathered swamp tea, berries and hazelnuts for pancakes, and went for pontoon rides at night.

And ideas for future years abound, including a possible snowshoe making class in the winter, black ash basket making, or perhaps a netting clinic.

Mia Goggleye, who also rode the shuttle, said she really loved learning the language and swimming. And Orion Dagen said he enjoyed the stories told at night, and the opportunity to sleep in a cabin instead of a tent.

A highlight of the week was a visit by two Lac La Croix Indian ponies from Rhonda Snowshoe, owner of Snow-Shoe’s Running Horse Ranch in Ontario, Canada. This type of pony originally lived with the Bois Forte Chippewa from the 1600s until they were removed in 1977. A television crew from Native Report was also on hand to gather information for a story on the ponies and the camp, which will air this winter. Tribal Chairman, Kevin Leecy, also stopped by during the week to visit with campers and volunteers.

“The horses were so cool,” said Leon Chosa, who helped out at the camp.

Many other helpers and volunteers were needed to run this year’s bigger and better camp. Thanks to District I Representative Karlene Chosa; Urban Office Coordinator Jacque Wilson; Big Woods Transit staff; the University of Minnesota Duluth’s Indians into Medicine Program, which gave a grant to the camp; Katie Gawboy, who donated the land; Elders Lester Drift, Char Lewis, Cheryl Leecy, Jim & Becky Gawboy, Dorothy Strong and Mary Strong who visited during the week and everyone else who made the camp such a success.
Congratulations, graduates!
Shannon Bullen Geshick who graduated from Metropolitan State University with a BA in Ethnic Studies. Shannon was recently accepted into the University of Minnesota Duluth Masters Program for Tribal Administration and Governance.

Gail Henry who attended Argosy University and currently is working in the Quarantine Lab of the American Red Cross. Gail writes, “Thanks, without help from Bois Forte, I wouldn't have been able to do it.”

Apply early for Education Financial Aid

The Higher Education appropriations that Bois Forte lobbied for and the Governor signed into law in June, increases American Indian Scholarships - $2.5 million (68%) for the biennium. The increase is projected to provide scholarships to 390 additional students. Currently the program serves about 600 students each year.

Financial aid from the Bois Forte Band and the State of Minnesota is awarded on a first come, first served basis until funds are exhausted. That means you should apply for financial aid as soon as possible to avoid being put on a waiting list for funding.

Here are the steps to take to apply for financial aid:

1. Complete the Free Application for Federal Student Aid (FAFSA) at www.fafsa.ed.gov. If you don't have Internet access, make an appointment to use a computer at the Education Department office in Nett Lake by calling 218-757-3124, or at the Urban Office by calling 612-871-6618.

2. Complete the Minnesota Indian Scholarship Assistance Program (ISAP) at www.getreadyforcollege.org.


If you have any questions or need assistance, call the Bois Forte Education Department at 218-757-3124.

Pre-school literacy tutor needed in Nett Lake

The Pre-School students at Nett Lake School need a full-time Literacy Tutor for the 2013-2014 school year. The Minnesota Reading Corps, the country’s largest state AmeriCorps program, will train the tutor to guide struggling students toward becoming successful readers by the end of third grade. This is a wonderful opportunity to explore life in the Nett Lake School and create growth – both in a young child’s life as well as your own.

During your eleven-month AmeriCorps service, you’ll receive extensive training, support and general professional development opportunities. In addition, you’ll receive a living stipend of about $500 biweekly (full-time), an education award of $5,550 and other benefits if eligible including health care, dental care, childcare assistance, and federal student loan forbearance.

All tutors serve 11 months as AmeriCorps members, beginning in August, and will be trained by Minnesota Reading Corps to provide proven, data-driven literacy strategies to at-risk children.

Preschool Literacy Tutors are embedded into a classroom of children ages 3 to 5 to develop children’s early literacy skills in preparation for kindergarten. These AmeriCorps members are trained in research-based strategies and collaborate with the classroom teaching staff to enhance daily literacy opportunities and conduct literacy assessments to ensure children are on track to read by the end of third grade. They commit to daytime hours and are placed in preschools or Head Starts, where they build their professional experience and network.

Qualifications

- Strong interest in education, specifically helping children develop early language and literacy skills
- Experience working with children, preferably in an early childhood setting or as a literacy tutor
- Dedication to community service
- Computer skills, including the ability to navigate and use online database systems and e-mail
- Speak, read, and write English fluently
- Responsible, organized, flexible, motivated, professional
- Excellent oral and written communication skills
- Ability to make a commitment to complete 11 months of service (August 7, 2013 – July 13, 2014)
- High school diploma or GED and must be at least 18-years-old
- U.S. citizen or lawful Permanent Resident Alien
- Preferred: College coursework, college degree, or equivalent work experience

Positions for the 2013-14 school year begin August 7. To read more about the program, including full position descriptions, and to apply, visit www.MinnesotaReadingCorps.org

Mark your calendar to give your child a Head Start in life!

Head Start Enrollment Dates:
September 10 for the Nett Lake program
September 12 for the Vermilion program

Head Start begins October 1!
Tribal Gov’t News & Reports

Leave the Couch and Join the Fun!
Bois Forte Annual “Couch to 5K” Walk/Run Is September 7

Whether you’re a serious runner or you’ve never done a race before, the “Couch to 5K” Walk/Run is for you. Everyone is encouraged to participate: moms pushing strollers, dads with kids, teens, tweens, Elders, and entire families.

The annual walk/run is being organized by the Tobacco Education & Policy Development program as a collaborative effort between many Bois Forte departments and programs, including Native Heart Fitness Center, which will help you prepare and train for the event.

This year’s Couch to 5K will be held Saturday, September 7 at 9:00 a.m. in Nett Lake, MN. The suggested donation for the event is $12.00, which includes the cost of a race t-shirt. To pre-register, mail your registration form to: Donna Hoffer, 13071 Nett Lake Road, Nett Lake, MN 55771. Phone: 218-757-3295 or Email questions to: dhoffer@boisforte-nsn.gov. You can also register the morning of the race from 7:45 a.m. to 8:30 a.m.

Diabetics on Medicare face critical deadline, need information

By Terry Blankenship

If you have diabetes and are on Medicare, you have an important decision to make in less than one month.

You have probably heard that Medicare is changing the system through which you get your diabetes testing supplies. So unlike now, when you can order supplies from thousands of mail order companies, beginning July 1 you’ll only be able to order from 18 companies.

There is little question that this new system will be better in the long run.
Mini Diabetes Conference benefits Duluth-area Band Members

On June 26, the Bois Forte Band held a “mini conference” about diabetes at the Duluth Holiday Inn. The event was one of four mini conferences organized each year by Diabetes Education Coordinator Doris Isham.

The mini-conference included a PowerPoint presentation on diabetes by Physician’s Assistant Ray Hawk, and blood pressure screenings and blood sugar tests by Medical Lab Technician Paula Hoover. LPN Jody King Hawk provided blood pressure measurements and information on managing high blood pressure. Kristen Strong, Manager of Native Hearts Fitness Center, led audience participation exercises, and Registered Dental Assistant Michelle Long explained how diabetes can affect oral health and handed out toothbrushes, toothpaste and dental floss.

“I like the way the presentations were geared for native people,” said Naomi Geshick. “Ray Hawk downsized the medical jargon and brought the medical information to a level I could easily understand.”

The conferences – which alternate between Nett Lake, Vermilion, Duluth, International Falls, Virginia and Minneapolis – have been funded by a two-year grant from the Minnesota Department of Health. Doris is reapplying for another grant and hopes to continue the mini conferences.

The Jenkins Family – Vanessa, Sasha, Davatta Sam and Robert – has a history of diabetes, “so it’s good to learn more about the disease,” said Robert. “We can help ourselves and others in our family,” added Vanessa.

Why it’s important to get screened

- Half of the approximately 22 million Americans with Diabetes don’t know they have the disease.
- 30% of diabetics find out they have the disease when they go to a hospital for an acute coronary.
- 200,000 deaths each year are attributed to diabetes-related illnesses.
- Diabetes is increasing due to the rise in obesity and lack of exercise.
- Diabetes can be controlled with exercise, nutrition and medication.

Symptoms of diabetes

- Fatigue
- Excessive thirst
- Excessive eating
- Poor wound healing
- Blurry vision
- Frequent yeast infections
- Agitation, irritability, extreme lethargy and/or inattentiveness

(Medicare cont. from page 12)

The government will save money and you will see your co-pay and deductible amounts decrease. Yet despite these significant benefits, in the short term this new system is causing confusion for patients who must change providers.

Here are a few key points that patients and their caregivers should consider before selecting a provider to trust with their healthcare needs.

- How much experience does the provider have? A provider should have a proven record of excellence in distributing diabetes supplies and responding to large numbers of customers. Medicare will not call patients about this change so if you receive a call claiming to be from Medicare, it is a scam.
- Is diabetes the provider’s main focus? Ideally, a provider should make diabetes care its top priority rather than spreading its resources over a range of medical issues.
- What ordering options does the provider offer? A provider should allow patients to order testing supplies by phone, email, or online and offer convenient hours for customer support.
- Does the provider accept “assignment?” All mail-order providers must accept assignment, which means they cannot charge more than the prices set by Medicare.
- What products does the provider stock? A quality provider should offer a wide range of products so that patients can get a product that best meets their needs.
- Does the provider handle all the paperwork? A quality provider will handle any paperwork associated with Medicare, saving patients time and effort with these confusing forms.
- Does the provider deliver on time and for free? Patients should expect their provider to cover the costs of shipping and guarantee that testing supplies will arrive on time and in proper condition.

I also recommend that patients and their caregivers visit www.NationalDiabetesSupplyFinder.com, a website that helps people find the names of all 18 providers authorized by Medicare and link to their services. Additionally you can contact Medicare directly.

Terry Blankenship is vice president of patient care at Diabetes Care Club, one of the 18 companies authorized to serve Medicare patients.
Community News & Events

Margaret “Tine” Whiteman
Margaret “Tine” Whiteman, 57, Nett Lake, passed away unexpectedly on Friday, June 28, 2013.
A Celebration of Life Gathering: 11:00 am to 3:00 pm Saturday (July 6th) at the Bois Forte Government Center in Nett Lake.

Minute with Millie
Cookouts, softball, swimming. Oh, let’s not forget golf. Golf isn’t number one on my favorite things to do list. I golfed exactly three times in my life. After the third time, I didn’t go any more.

My sister tried golfing and she wanted me to try it. Course, you know my other sister and her husband golfed a lot which is where my sister picked it up from. My athletic sister, the one who beats me at bowling, more my style of sports, though softball is up there.

Anyways, I tried it when The Wilderness had Band Member Day after the course first opened. I needed to get left handed clubs. Fine. It was okay, even though I stayed away from the more hazardous of the hazards on the course. Fun driving the cart. More fun listening to my golfing sister explain how to hit the target. Ooop, the little hole in the ground that one needs binoculars to see. Then, one needs a microscope when one happens to get very close to the target.

At any rate, the second time, a year later, I happily played once again. This time, my golfing sister showed me how she takes on the water hazards. Well, I walked up and examined it more closely, after my shot barely cleared the edge. Hmm, didn’t think I should climb down and retrieve that one. Quite a few little white spots down there by the water’s edge.

Then, I tried again. This time, it had been so long that I forgot to get the left handed clubs. The instructor informed me that it’s hard to get those clubs and that most lefties learn to golf right handed. Well, after making the instructor try very hard not to show his disgust, we decided that it was probably better if I didn’t golf anymore.

Can’t understand it. I can hit a softball either hand. Why not golf clubs?

JosH Rutar Memorial Scholarship Tournament Results
Saturday, June 15th 2013

1st Place
Dave Villebrun, Tom Burr, Troy King & Ed Villebrun

2nd Place
John Bailey Sr., John Bailey Jr., Nate Bailey & Jim Parsons

3rd Place
Al Gibson, Chris Bogden, Nick Wood & Dave Wood

Consolation
Randy Grahm, Dick Olson, Todd Zimmerman & Dan Will

Thank you to all who participated in this year’s event!

JosH Rutar Memorial Scholarship Tourney Results

Mii gwech to proud Mom Charleen Day-Castro for sending a photo of her son Rafael (Rafa) Day-Castro with David and Theresa Morrison at the Hinckley Powwow.

David is holding an Iron Boys CD. Charleen’s other sons, Carlos (Hallo) and Opichee (Opie), sing with the award-winning group.

Duluth Community Meeting
Anthony and Susan Battees with their children Imala and AnaRae were among the guests at the Duluth Community Meeting held at the Holiday Inn on June 13.

A Community Meeting will be held in Bemidji this fall. Time, date and location specifics to appear in a later issue of the Bois Forte News.
**Transit Route Information**

**Nett Lake Route 1:** DIAL-A-RIDE: Between Nett Lake and Virginia Sundays through Thursdays. $5 one way or $8.00 R/T.

**Nett Lake Route 2:** DIAL-A-RIDE: Between Nett Lake and Cook for Cook VFW BINGO, 5:30 p.m. - 9:30 p.m. Thursday nights. $5 R/T.

**Nett Lake Route 3:** DIAL-A-RIDE: Between Nett Lake and Vermilion on Fridays. $4 one way or $7 R/T.

**Nett Lake Route 4:** FIXED ROUTE-DOUBLE Commuter Route from The Dam park-n-ride to Nett Lake arriving at 7:00 and 8:00 am and returning at 4:30 and 5:30 p.m., M-F excluding holidays. $1.

**Vermilion Route 1:** FIXED ROUTE: Between Gilbert and Vermilion via Hwy 169, twice daily, 7 days/week (starting July 1st) excluding holidays. $3.

**Vermilion Route 2:** (starting July 1st) FIXED ROUTE: Between Gilbert and Vermilion via Hwy 135, twice daily, 7 days/week excluding holidays. $3/$2/$1.

**Vermilion Route 3:** DIAL-A-RIDE: Vermilion (Community Center/New Moon) to Virginia and return on Saturdays. $3 one way or $5 R/T.

Fees are one way unless stated; tickets can be purchased at the RTC in Nett Lake or Fortune Bay Gift Shop or Vermilion Community Center. Pilot Route being tested in July and August includes routes for Fortune Bay employees with pickups in Gilbert, Biwabik, Embarrass, Aurora, McKinley Trail and Tower.

For more information on transit routes call the Government Center at 218-757-3261 or Transit Coordinator Jennie Rowland at 218-248-0264.

**New maps show “Our Own Names and Original Locations”**

It’s easy to find maps showing the locations of today’s reservations, but until recently it was impossible to find maps showing where the native peoples of North America lived before being displaced by European settlers.

Aaron Carapella, an Oklahoma resident with Cherokee roots, has just completed the Canadian First Nations Map, which documents every autonomous indigenous nation of Canada. The new map complements Carapella’s Map of our Tribal Nations that includes 584 tribes in what is now the United States. Both maps list the tribes by the names they call themselves, rather than the names given to them by other tribes or European settlers.

The maps are available for purchase, with prices varying depending on format. If you’d like to order the Map of our Tribal Nations or the Canadian First Nations Map, contact Carapella at aaron-carapella.squarespace.com.

**Miracle, a surprise arrival**

Band member Trish Staine’s training for Grandma’s half marathon in Duluth on Sunday, June 3 included a two hour run up and down hilly Glenwood Street. The next day, she and her husband John assumed Trish’s back pain was due to her running. When it got worse, they worried that the back pain Trish was experiencing was similar to what John felt when he suffered a slip disk.

When the pain became excruciating, John called an ambulance and they went to St. Mary’s hospital in Duluth. When medical staff in the Emergency Room told Trish they detected a baby’s heartbeat, she answered, “No, no, no. There’s no way I’m pregnant. I haven’t gained any weight. I had my period. There is no way I’m pregnant.”

Despite her protests, the staff rushed Trish up to the Birthing Center where she delivered a 6 pound, two ounce baby girl. The family named their newest addition “Miracle” and several brothers and sisters are delighted. Miracle stayed in the hospital a bit longer than most newborns, but she is now doing fine and home with siblings include John (20), Michael (19), Levi (17), Israel (11) and Genesis (7).

**Bob Hedlund and buddy Jack enjoy a summer evening walk on the newly paved Whiskey Point Road in Vermilion.**

After a late start due to poor spring weather, the Public Works crew is moving forward quickly on several road projects.

**Drivers Dave Steel and Henry Villebrun are ready to provide rides on the new Big Woods bus.**

**Trish Staine, daughter of Marian Holmes and Gary “Joe” Fairbanks and granddaughter of Marge and Axel Holmes at the hospital with new daughter “Miracle”.**
The Bois Forte News is distributed for free to Band members and is available to others for $10 per year.

Submit material to:
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1101 Sibley Memorial Hwy. #507
Lilydale, MN 55118
651-280-2420 phone; 651-452-1640 fax
Helenwilkie@comcast.net

The June and July issues are being combined into this larger single issue edition.

Deadline for September issue: AUGUST 9

Have a safe and fun summer!

Tribal Council

Kevin W. Leecey
Chairman

David C. Morrison, Sr.
Secretary/Treasurer

Karlene Chosa
District I Representative

Brandon Benner
District II Representative

Ray Toutloff
District III Representative

The Bois Forte News (BFN) is published monthly by the Bois Forte Band of Chippewa. The BFN encourages submission of articles, guest columns, community announcements and photos. There is a $10 charge for personal announcements. Contributions are subject to editing for grammar, length and malicious/libelous content. BFN will attempt to include all material submitted by Band members and guests. Multiple contributions from the same source August be excluded or rotated to future issues to insure equal access to all. Paid ads are accepted. Visit www.boisforte.com for rates and insertion order.

Make your car a wi-fi cold spot

By Judge Heather Sweetland

In early June, I was in Ely to begin a short canoe trip into the BWCA. I was intrigued by signs in store windows that said the following, “We’re a WI-FI Cold Spot”. Other signs said “Tweeting is for the Birds” and “Try Talking to a Real Person”. Way to go, Ely! The first sign could also be put in every passenger vehicle in Minnesota.

How many readers out there have stopped at a traffic light, checked their rear view mirror and seen the driver behind them looking down in their lap for an extended period of time while no hands are on the steering wheel? You know what they are doing: they’re using their cell phone to text someone. How many readers out there are concerned for their safety? You should be concerned. The other driver is breaking the law.

Minnesota Statute 609.475 says, in part: No person may operate a motor vehicle while using a wireless communications device to compose, read, or send an electronic message, when the vehicle is in motion or a part of traffic. Pretty simple, isn’t it? If a person is driving a vehicle or stopped at a light, no texting should happen.

There are exceptions including obtaining emergency assistance to report an accident, medical emergency or serious traffic hazard or to prevent a crime, in the reasonable belief that a person’s life or safety is in immediate danger, or if the wireless communication device is solely in a voice-activated or other hands-free mode. There is a new study from the AAA that says even hand’s free devices can be hazardous.

Over the years, I’ve heard many traffic cases where an accident has occurred, someone has been ticketed and they contest the ticket. Testimony is provided by the prosecutor. The State rests their case. The defendant chooses to testify and explains they had just “put down their phone” or “gotten off the phone” when the accident occurred. In my opinion, the defendant’s information helps the prosecution. The driver was not paying attention when the accident occurred.

If traffic accidents happen when someone is on a cell phone and, presumably, watching what they’re doing, chances are more accidents will happen when someone is not watching traffic while they either read or send a text.

On March 24, 2013, the Duluth News-Tribune published an “Ask a Trooper” column by Sgt. Curt Mowers of the Minnesota State Patrol regarding the same issue. It was entitled “Cell Phone Use Not Yet Illegal in Minnesota.” There have been stories of families who have lost a teenage driver who was texting when the fatal accident happened. Continued awareness on this growing problem is important.

If you had a choice of paying attention in traffic and not having an accident or sending a text, what would you choose? Be like Ely: Make your car a W-I-F-I cold spot. Even better, make your car a text-free location.