

JOB ANNOUNCEMENT

TITLE: Fitness Trainer/Instructor – **Part-time**

OPENING DATE: April 28, 2008

CLOSING DATE: May 12, 2008

LOCATION: Wellness Center, Vermilion

STARTING RATE AND GRADE: \$8.60 per hour (N-4)

SUPERVISOR: Vermilion Wellness Center Manager

JOB SUMMARY:

Teach, demonstrate, coach, observe and instruct group or individuals in everyday activities of the fitness/wellness facilities in Vermilion. Must be able to work evening hours (3:30-8:30) and on Sundays 3:00-6:00). 20-25 hours per week with full benefits.

EDUCATION:

High School diploma or equivalent required. Demonstrated ability or relevant work experience may be substituted for education.

QUALIFICATIONS:

1. Ability to work with individuals and groups of all ages.
2. Incumbent must pass pre-employment physical.
3. Must have good organizational skills.
4. Must be self-motivated.
5. Must have ability to work under limited supervision.
6. Must have organizational skills.
7. Physical ability to use and instruct in the use of all facility equipment.
8. Must be CPR certified or become certified within 6 months of hire.
9. Must know how or be willing to learn to take basic vitals, blood pressure and pulse.

DUTIES AND RESPONSIBILITIES:

1. Will be responsible for issuing, maintaining, and storing all facility equipment.
2. Will perform some clerical/receptionist duties as necessary.
3. Teach individual and team sports to participants, utilizing knowledge of sports techniques and physical capabilities of participants.
4. Organize, instruct, and referee indoor games such as volleyball, racquetball and youth activities.
5. Teach and demonstrate use of fitness and exercise equipment and weights.
6. Advise participants in use of sauna.
7. Explain and enforce safety rules and regulations.
8. Will dust, sweep, mop, wipe down equipment, clean mirrors and locker rooms as directed.
9. Other duties as assigned.

APPLICANTS ARE SUBJECT TO A BACKGROUND INVESTIGATION.

APPLICANTS WILL BE SUBJECT TO PRE-EMPLOYMENT DRUG TESTING AND PHYSICAL. INDIAN PREFERENCE WILL APPLY.

Submit application to: Patti Wilkie, Human Resources Director, Bois Forte Reservation Tribal Government, PO Box 16, Nett Lake, MN 55772, or call 218/757-3261. Please visit our website at www.boisforte.com to download an application.